



**THURSDAY**  
**January 15, 2026**

**Heritage Woods**  
**Secondary**

**“WE ARE KODIAKS”**



# Bell Schedule

Block 1	8:00 – 9:12
Block 2	9:16 – 10:28
FLEX	10:28 – 10:57
Block 3	11:01 – 12:13
<b>LUNCH</b>	<b>12:13 – 12:53</b>
Block 4	12:57 – 2:09
Block 5	2:13 – 3:25



# My Weekly Planner Flex Booking System

Follow the link below (also found on HWSS) website

Log in with your student number and password

Enter numbers only for your student number

Your default password is your student number

Set new password on first log in

Instructions to book your flex space were emailed to you

<https://hwss.myweeklyplanner.net>

# FLEXpectations



- Attend one of your 4 classes
- The Grand Hall is for Grade 12's only
- The Library is a place for quiet work and is for Grade 11's & 12's only
- Flex is less than 30 minutes, and you are to remain in one class
- Flex is instructional time = Cell phones stored

# STUDENT PARKING PASSES

**Reminder to students who are driving to school and parking in the school parking lots.**

**Please come to the HWSS main office to register your vehicle and receive a PARKING PASS to be displayed in vehicle. Usually hang from rear view mirror.**



# Fragrance Free

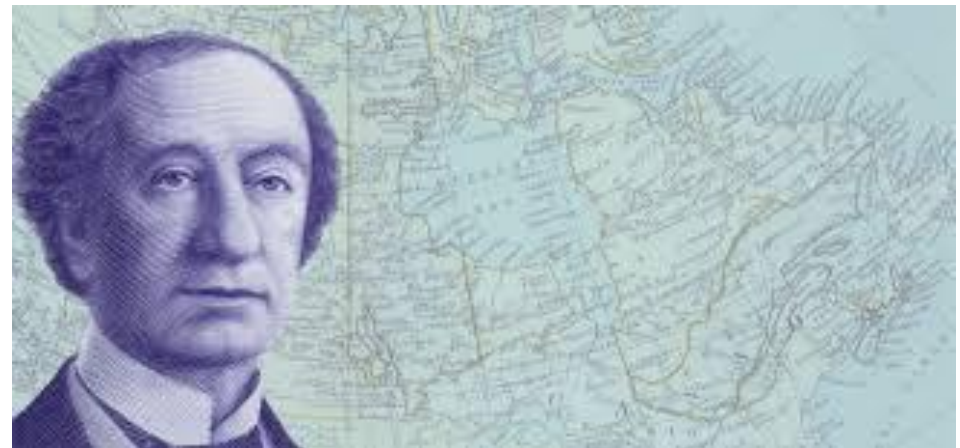


Reminder to all that *SD43 is Scent Aware*, and as such the district is asking for cooperation towards a scent reduced environment.

All staff, students and visitors are strongly encouraged to avoid or reduce the use of ALL fragranced products, and to replace them with unscented alternatives.

# Sir John A. Macdonald Day January 11th

- Our first Prime Minister did many things for Canada including:
- Getting 4 unique and diverse colonies to join in a Confederation (Ontario, Quebec, New Brunswick, and Nova Scotia)
- Prevented annexation (attack) from the United States
- Introduced the North West Mounted Police (R.C.M.P. today)
- Built the Canadian Pacific Railway connecting Canada from sea to sea
- Gave Indigenous People the right to vote (Dutil, 2024, pg. 173)
- For more information check out:
- <https://www.canada.ca/en/canadian-heritage/services/important-commemorative-days/sir-john-macdonald-day.html>



Ticket sale close  
February 4th

# Winter Formal

Wednesday February 11<sup>th</sup> 6:30- 9:00

THEME: HOLLYWOOD

\$35



# Heritage Woods

## Junior Leadership Workshops In the grand hall at lunch!

January 12	January 13	January 14	January 15
-Ring Toss -Mini Games	-Minuit to win it -HWSS Kahoot -Musical Chairs	-Sky Scraper Challenge -Drawing Contest	-Kindness Grams -Taste Testing

# GSA Cozy Cafe

Need a **quiet place to study?** Come to **Room 216a at lunch** for **Hot Chocolate** and a study space!

Don't forget to bring **\$2 for Hot Chocolate!** All proceeds go to Tri-Cities Pride Society!

Only on **January 15<sup>th</sup> and 16<sup>th</sup> 2026** at lunch!

If you have any questions about the **HWSS Pride Club**, email us at [SStewart@sd43.bc.ca](mailto:SStewart@sd43.bc.ca)

# Non-Binary

**Non-binary** is an **umbrella term** for gender identities that are **not exclusively male or female**. Non-binary people may identify as having no gender, more than one gender, a gender that changes, or a gender outside of male/female. Some non-binary people also identify as **transgender**, while others don't. **Pronouns** change among non-binary people, and it is respectful to ask for someone's pronouns rather than assume.

If you have any questions about the HWSS Pride Club, email us at [sstewart@sd43.bc.ca](mailto:sstewart@sd43.bc.ca)

# KODIAK ATHLETICS



# HERITAGE WOODS HOCKEY TEAM



Wed, Feb 18<sup>th</sup> 2:15-3:15 pm  
Tryouts (Mandatory) \*\$35 FEE\*



Wed, Feb 25<sup>th</sup> 2-3:15pm  
Exhibition vs Riverside PoMo Rec



Wed, March 4<sup>th</sup> 2-3:15pm  
Exhibition vs Charles Best PoMo Rec



Wed, March 11<sup>th</sup> 2-3:15pm  
Exhibition vs Centennial PoMo Rec



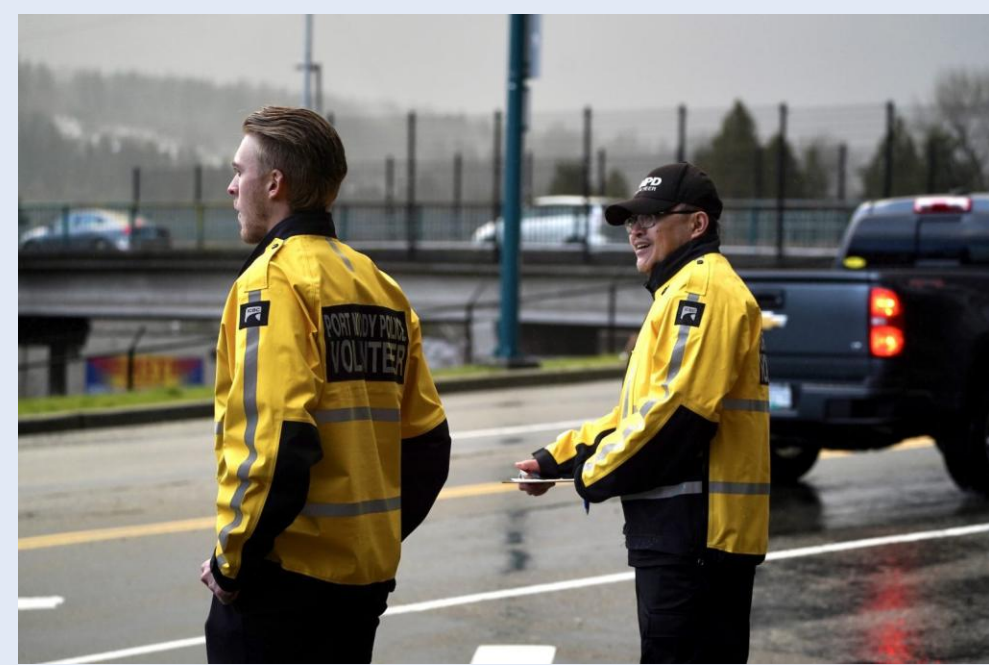
*\*Tryout Fee \$35- School Cash Online\**  
*See Mr Ferrante, Ms Vickerson or Ms Pavan*  
*for instructions.*

# CAREER CENTER



# Interested in Policing?

- The Port Moody Police Department is hosting a free program for youth in Grades 11-12.
- The program is designed to introduce students to policing as a career and will allow students to earn volunteer credits (30 hours) that you can apply towards graduation.
- The program will be run out of the Port Moody Police Department on St. John's Street
- See Mr. Aitken in Room 240 or Mrs. Pavan in Room 209 for more information and to pick up an application sheet. Application deadline is February 19<sup>th</sup>, 2026



# BC Excellence Application for nomination is due to Ms. Butler Jan. 15, 12:30PM

- There are 55 BC Excellence Scholarships available to recognize well-rounded B.C. graduates. Winners demonstrate service and leadership, both at school and in their communities. Winners also show aptitude and commitment to their chosen career paths. They will receive a \$5,000 scholarship voucher to use towards their post-secondary tuition.
- You **must be nominated by your secondary school** in order to apply for this scholarship. Only one student from each school may be nominated. The nomination information is below and on the HWSS Scholarship website.  
<http://www.sd43.bc.ca/school/heritagewoods/ProgramsServices/career/Pages/FinancialAid.aspx#/=>
- **Application for nomination:**
- You must submit everything required for the online application (resume using the online template, two reference letters, written statement using online template) PLUS a copy of your most recent transcript from Student Transcript Service. **DO NOT** complete the BC Excellence Nomination Form - only the one selected student will complete that form.
- <https://forms.gov.bc.ca/education-training/bc-excellence-scholarship-application/>
- Students selected as conditional recipients of the BC Excellence scholarship must meet the following requirements **by August 31 of their graduating year** to be confirmed as a recipient and receive their scholarship voucher:
  - [meet basic eligibility requirements](#);
  - be eligible for a B.C. Certificate of Graduation (Dogwood Diploma);
  - fulfill the requirements of the B.C. Graduation Program;
  - be graduating in the same year the scholarship is awarded; and
  - have the following final marks.
    - Minimum “B” average in grades 11 and 12 courses required for graduation.
    - Minimum “B” (73% or above) in Language Arts 12.
    - Minimum “B” average, no more than one “C+” (67% or above), and no marks lower than “C+” in courses that fulfill graduation requirements for Science 11 or 12, Math 11, and Social Studies 11 or 12.
- **Reminder: ONE STUDENT may be nominated from Heritage Woods but only 55 students in BC are selected as winners.**

# UBC Application deadline extended

UBC is aware that our online application on the EducationPlannerBC website is experiencing technical issues. The application is open, but intermittent disruptions may prevent you from accessing the website to submit your application to UBC. We are working with EducationPlannerBC to resolve this matter, but we recommend that you work through your application carefully and save your progress frequently - to ensure your work isn't lost during one of these disruptions. If you experience issues while you're working on your application or if you cannot access the website at all, please take a break and try again a little later. We want to reassure you that these disruptions will not negatively affect your application to UBC. **UBC has extended the deadline to apply and you now have until January 20, 2026, at 11:59 pm (PST) to submit your application.** We'll update this space with more details as we get them.



# COMMUNITY



home to our  
arts community

# PLACE DES ARTS

exhibitions

## Emerging Talent 28 by SD43 Art Students

Opening Reception: Jan 23, 7:00 – 9:00 PM

Jan 23 – Mar 11, 2026 in the Atrium

Jan 30 – Mar 11, 2026 online at

[placedesarts.ca/exhibitions](https://placedesarts.ca/exhibitions)

1120 Brunette Avenue  
[placedesarts.ca](https://placedesarts.ca) | 604.664.1636

   @pdacoquitlam



Top: (Left-Right) *Untitled* by Shawn Shi (Class of 2025), *Untitled* by Miranda Wang (Class of 2025)  
Bottom: (Left-Right) *Temple* by Jooyeon Lee (Class of 2025), *Utopia* by Gloria Choi (Class of 2025)

home to our  
arts community

# PLACE DES ARTS

## Exhibitions



On view at Place des Arts: Jan 16\* - Mar 11,\*\*2026

Online at [placedesarts.ca](http://placedesarts.ca): Jan 30 - Mar 11, 2026

\*Emerging Talent 28 on view beginning Jan 23, 2026.

\*\*One Month. Just Spoons. on view and online until Mar 29, 2026.

**Opening Reception: Friday, January 23, 7:00 PM - 9:00 PM**

free entry | cash bar | meet the artists

Celebrate the openings of these 4 exhibitions:

### SD43 Art Students

*Emerging Talent 28*

Various Mediums in the Atrium

Image: Gloria Choi (Class of 2025), *Utopia* [detail]

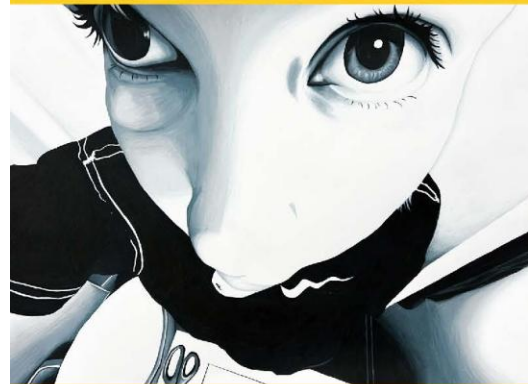


### SD43 Teachers

*Creative Connections*

Various Mediums in the Leonore Peyton Salon\*\*\*

Image: Allegra Whistler, *Time & Place* [detail]



### Jeidn Winkler

*Fragments of Self: Reconstructing Identity Through Art*  
Paintings, Drawings and Photography in the Mezzanine

Image: *POV (2)* [detail]



### Susan Wallace

*One Month. Just Spoons.*  
Ceramics in the Link

Image: *A Day at the Beach* [detail]

## viewing

Atrium & Mezzanine

Monday - Friday 9:00 am-9:00 pm

Saturday 9:00 am-5:00 pm

Sunday 1:00 am-5:00 pm

\*\*\*Leonore Peyton Salon

The Leonore Peyton Salon is a multi-purpose space; therefore, viewing times are limited. Call 604 664 1636 to book an appointment.

## 1120 Brunette Avenue, Coquitlam

View Online

To view the current exhibitions online, visit [placedesarts.ca/exhibitions](http://placedesarts.ca/exhibitions).

# FREE Drop-In Drawing & Painting

Mondays: 3:30–5:30pm • January 12–March 9

Join visual artist, Suze Mercado, for 8 weeks of after-school drawing and painting classes with a focus on faces, figures and storytelling! In an encouraging environment, meet other like-minded students and develop your creative expression. Join one class to learn a specific technique or come every week and build skills that connect into bigger, creative projects over the session. Students are also welcome to bring their own projects to work on and encouraged to come with creative ideas to explore. Suze merges her fine arts background with her practice as an art therapist to foster an inclusive and self-reflective space for creative expression. **Classes are free, for all levels, and supplies are provided.**



**When:** Mondays, January 12 -  
March 9, 2026, 3:30-5:30pm  
(no class on February 16).

**Where:** Nancy Bennett Room  
at Coquitlam Public Library, Poirier  
Branch (575 Poirier St).

**Cost:** FREE! Supplies Included.

**How:** It's a free, drop-in program  
so no registration required!  
15 spots available.

**Who:** 13-17 years old.